



Alberta Rural Health

Quarterly

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Rural is different. That's why there's RPAP.

Knowing your neighbours. Communing with nature. Being part of a community. When you live in the country, you focus on what matters.

For rural Albertans, good health also matters. While country living is synonymous with healthy living, a strong back and an independent spirit will only get you so far. Without fair and equitable access to quality health care when it's required, maintaining good health in the country can be a challenge.

That's why there's RPAP.

Moving forward, I plan for a renewed RPAP, empowered to speak to issues and solutions that will ensure fair and equitable access to healthcare for rural Albertans. To achieve this, RPAP will be seeking from key stakeholders in health and government the opportunity to provide a rural voice promoting equal access to support services. While I am deeply appreciative that RPAP is part of the Ministry of Health's physician resource planning committee, I would also like to see RPAP be a rural voice on other health care issues affecting rural Alberta.



Dr. Bert Reitsma

We will continue to advise government and rural communities that training and distribution of general practitioners, nurses, nurse practitioners, occupational therapists, and other health care disciplines needs to be front and centre of policy and health care delivery discussions.

As a practising physician in rural Alberta, I wouldn't trade my life in the shadow of the Rockies for all of the luxuries the big city has to offer. However, healthy rural communities aren't a luxury.

As a practising physician in rural Alberta, I wouldn't trade my life in the shadow of the Rockies for all of the luxuries the big city has to offer. However, healthy rural communities aren't a luxury. They are essential for the well-being of our province.

Rural is different. That's why there's RPAP. ☺☺

Dr. Bert Reitsma is a practising physician and general surgeon from Blairmore, Alberta. As a representative of AMA Section of Rural Medicine, Dr. Reitsma also serves as chairperson of the Alberta Rural Physician Action Plan (RPAP) Board of Directors.

2017-18 is a year of change for RPAP

The Rural Physician Action Plan (RPAP) has changed.

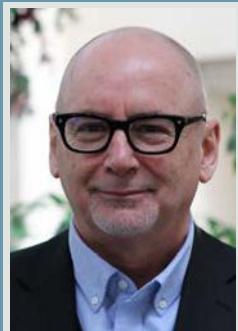
For decades RPAP served both rural physicians and medical school residents who were enhancing their competencies to practice medicine rurally. As of April 1 this year RPAP's involvement with Alberta's medical residents is to manage the 125 properties rented throughout rural Alberta to support their rural on-location learning, with the coordination of the rural family medicine program being transferred to the provinces' two medical schools.

This change has been an incredible opportunity for RPAP to refocus, renew, and develop improved ways to help rural Alberta achieve the health care services they deserve.

In order to renew RPAP, we felt the best way to find out what rural Alberta communities wanted from RPAP was to ask: So we did! And we learned that rural Alberta communities had six key actions they would like RPAP to address:

- Support for rural allied health professions development and retention.
- Support rural communities to have their health care issues heard.

- Help rural communities build capacity to sustain their rural health care.
- Development of a rural health focused research service.
- Development of rural health indigenous programs.
 - Maintain the suite of rural physician support services that RPAP currently provides.



Bernard
Anderson

The renewed RPAP team and our valued Board of Director's are busy turning these actions into deliverable services. We would love to come and talk to you about this, face-to-face, in your community. Just give us a call at: 780-423-9911

In the meantime, keep an eye on our social media information, starting with our website - www.rpap.ab.ca.

2017-18 is a year of change for RPAP. There is a lot to be done and we feel privileged to have the opportunity to do so.

We sincerely thank the Minister of Health, Sarah Hoffman, and the staff we work with on a daily basis at the Ministry, for their continued support of rural Alberta as provided through the programs and services of RPAP. ☺☺

Bernard Anderson is the Executive Director of the Alberta Rural Physician Action Plan (RPAP)

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RPAP REVIEW

SUBSCRIBE TODAY TO THE RPAP REVIEW eNEWSLETTER
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New additions boost the RPAP rural consultant team

RPAP is pleased to introduce Holly Handfield and Julie Davis: the newest members of the RPAP Rural Community Health Professions Development Consultant team. Holly is now serving as the Rural Consultant in the northwest, while Julie assumes the role of Rural Consultant in southwest Alberta.

Holly and Julie join Rebekah Seidel (Central West), Lara Harries (Southeast), Colleen Lindholm (Central East), and Kim Fleming (North East) on the RPAP Rural Consultant team, now at a full complement of six members.

Holly Handfield

Northwest Alberta has always been home for Holly Handfield. She grew up on a small cattle and grain farm near Grimshaw, lived for 22 years in Sexsmith where she and her husband raised their two children, and has recently moved to Grande Prairie.

Holly has worked in education, early childhood, literacy, and community development in Northwest Alberta in various capacities for over 20 years. Although she is intimately familiar with life in rural northwest Alberta, working directly with communities has been a relatively new journey for her over the past five years. This



Holly Handfield

journey that has sparked a new passion for igniting a community's potential to work together to ensuring the community is the best that it can be. Holly is looking forward to her role with RPAP as she continues her work with communities in a different context.

About Julie Davis

Julie Davis joins us as a Rural Consultant for the south west region. Julie comes to RPAP as a New Zealand registered Midwife, who has experience and a passion for supporting access and equity in primary care service provision in rural and remote settings. She has supported midwives in clinical professional development, and worked for the GNWT Department of Health and Social Services as a senior midwifery consultant, where she managed a territorial wide community stakeholder engagement project, and contributed to regulatory and health system strengthening activities.



Julie Davis

The 2010-11 Christchurch earthquakes and aftershocks led to a renewed interest in community and international development, and a move back to Canada in 2012. Julie is excited to return to southern Alberta where she grew up, to support communities and health professionals in the region. When not working, Julie enjoys Latin dancing, travelling, and is looking forward to having a small backyard garden, to build a sauna, and entertain. Her teen son plays rugby, and is always on the hunt for a good meat pie and fish and chips. ☺☺



Give your community a boost

Do your community's efforts to attract and retain health care professionals need a boost? Our Rural Consultants are happy to come to your rural Alberta community to discuss how RPAP can enhance your efforts to attract and retain health care professionals. We invite you to reach out to our Rural Consultant team at consultants@rpap.ab.ca. Let us know about your community and your challenges, and the Rural Consultant for your area will be in touch.

Our Rural Consultant team (Pictured L-R, with Alberta region in brackets): Kim Fleming (North East), Julie Davis (South West), Colleen Lindholm (Central East), Paul Childs (Director), Rebekah Seidel (Central West), Holly Handfield (North West), Lara Harries (South East)



“As an incoming first year med student being able to be exposed to some of these things before actually entering the program is such a cool opportunity.”

Manning welcomes RPAP, UAlberta for rural medical, lifestyle experience

By Bobby Jones

The first ever RPAP Medical Skills weekend event in Manning, AB was an overwhelming success.

Over 40 University of Alberta (UAlberta) students studying healthcare disciplines like medicine, nursing, and physiotherapy, came to discover what practising in a rural community is really like.

On Saturday, 27 May 2017 students were given a tour of the Manning Community Health Centre, and then participated in six workshops throughout the day including physio, suturing, casting, IV starts, EMS, and the STARS Mobile Unit.

On Sunday, the students gained a better taste of the rural lifestyle with a tour of the 10,000 acre Pharis Farms Ltd at Hawk Hills and the West Fraser Timber Mill, just north of Manning.

The Manning Physician Attraction and Retention Committee organized a community barbecue on Saturday night, receiving great support from the local business community. Several local professionals spoke about what it's like practising in a rural community, including a lawyer, two pharmacists, an RN, and a veterinarian. A local band entertained as students played baseball, horseshoes, Frisbee, and other games throughout the night. Dr. Tyler May, who grew up at Manning and is also a local rancher, donated beef to the Saturday night barbecue.

Brad Rutherford, a first year Medical Student at UAlberta says, “It’s been great. It’s amazing how much resources go into these weekends. It’s not something we would see otherwise.” Brad said that he is now considering doing his third year of Medicine in a rural setting.

Student Jamie Hilland from Calgary says, “As an incoming first year med student being able to be exposed to some of these things before actually entering the program is such a cool opportunity.”

“One of the things I’m going to put forward for my preceptorship is a rural experience,” said Chioma Obuekwe, a third year nursing student at UAlberta.

For one or more of the students to return to practice in Manning would be just what Site Manager at the Manning Community Health Centre, Jo Kelemen was hoping for. “I would encourage other communities to go with a skills day. It’s fun to do and you can see how rewarding it is with the students enjoying it.”

Kelemen credits the health professionals, other hospital staff, local volunteers and RPAP. “I have nothing but good things to say about RPAP. They’re amazing to work with.”

Visit www.rpap.ab.ca/skillssweekend to learn more about RPAP Medical Skills events. ☺☺



RPAP wishes to acknowledge the Manning Physician Attraction and Retention Coalition, representing both the Town of Manning and the County of Northern Lights, for their efforts to host this successful event. Pictured above are some of the RPAP and community volunteers at the event (L-R): Rebekah Seidel, Paul Childs, Holly Handfield, Erin Albrecht, Jo Kelemen, Terry Ungarian, Theresa Van Oort, and Greg Rycroft.



Dr. Tyler May hosts a casting workshop at the RPAP Medical Skills event in Manning.

On the road with RPAP



(Left) RPAP's new southeast Alberta consultant, Lara Harries, has been getting acquainted with the dedicated community members whose efforts improve the quality of life in the province's rural and remote regions.

During her tours of the south, Lara has become acquainted with the movers and shakers in Brooks and Milk River (left), communities that have excelled at health care attraction and retention in recent years.

(Right) On May 25, Paul Childs and Colleen Lindholm had a great meeting with the Consort Medical Society – a group of passionate and dedicated people. Consort is a vibrant community nestled into beautiful east central Alberta. The group appreciated the update on RPAP and the new direction we are moving with the expanded mandate. They see the value in an allied health professions approach and indicated they are looking forward to working with RPAP in finding solutions for attraction and retention needs for their community residents and surrounding area.



(Left) On the road again! Paul Childs and east-central Alberta consultant, Colleen Lindholm, travelled to Drumheller to meet with representatives of the Town of Drumheller, Drumheller Associated Physicians, and Riverside Medical Clinic. A big thank-you to Candace Baxter, Dr. Rithesh Ram, Kathy Stark, Julia Fielding, Dr. Johann Kuschke, Mayor Terry Yemen, and Dr. Rehan Masood for taking the time to tell us about your health care needs.

(Right) RPAP Consultant, Rebekah Seidel, paid a visit to Rocky Mountain House to connect with the local health care attraction and retention committee (right). The committee has been in place for 10 years, and according to Rebekah, there are still many familiar faces around the table from back then.

The Town of Rocky Mountain House and Rocky Recruitment and Retention Society were the 2010 RPAP Alberta Rural Community Recruitment and Retention Award recipients, and their efforts set the stage for a many other committees that formed later.





Why I choose rural nursing

Chantal Crawford (centre) teaches intubation at a recent RPAP Skills event in Sundre.

The following is an excerpt from a presentation by Registered Nurse, Chantal Crawford, delivered during an RPAP-sponsored nursing skills and appreciation event in Sundre, Alberta on 8 May 2017:

So what does it take to be a nurse? Well for starters you need a big bladder and a small stomach, because pee breaks are far and few between, and meals breaks are on the fly. So if you meet those criteria you're off to a good start.

But seriously, nurses are amazing and I believe that being a nurse is a calling: it is in our hearts. We are professionals with a high level of education and knowledge. We are taught critical thinking skills, communication skills, patient assessment skills and how to manage complex illnesses, and develop care plans and protocols to assist patients in achieving their optimum health.

Nurses are also compassionate and empathetic, without judgment towards another person who is suffering and help make a difference in their life. Nurses are respectful of their patients and treat them with dignity. Many people see nurses as a safe person and a support person. People trust us and will confide in us. Sometimes we know more about what is going on in a person's life than their family does.

Nurses make differences in people's lives every day. We are providing care for in hospital patients 24 hours a day, 7 days a week. We make connections with people and sometimes these connections will have a lasting impression on the patients; but a lot of the time it will also have a lasting impression on us as well.

Nurses need to be team players. We are only part of an amazing group of healthcare workers, we work alongside a multidisciplinary team of doctors, lab and X-ray techs, mental health, dietitians, respiratory, housekeeping staff, and the list goes on. We need to be able to effectively communicate the needs of our patients to these other groups because I believe we are like the core that helps all these other disciplines get their jobs done effectively. If doctors want to know how their patient is doing, they ask the nurse. If dietitians want to know how well the patient is eating, they ask the nurse.

We are privileged to be part of amazing experiences. We are present when life is brought into this world and we watch a baby take its first breaths of air and we are present to hug and hold and cry with family when their loved one takes their last breath.

Why I choose rural nursing. Because this multidisciplinary team I talked about is my work family. What we do in healthcare is confidential. We can't go home and talk to our families about it. So we have our family here at work to talk about our stressful situations and debrief with. We have lots of laughs together and we treat each others as equals. Housekeeping, doctors, nurses, etc. *We are a team.* ☺☺

RPAP supports research into Enhanced Surgical Skills training program

By Dr. Stuart Iglesias and Dr. Jude Kornelsen

In 2008, the University of Saskatchewan (U of S - Prince Albert) graduated its first rural Family Physician with Enhanced Surgical Skills (ESS). There are now 15 graduates from the first 8 years of the program providing surgical services in rural communities in British Columbia, Alberta, Saskatchewan, Manitoba, and the North. It is the only ESS training program in Canada.

The Joint Position Paper on Rural Surgery and Operative Delivery, 2015, acknowledged the role of ESS, working together with specialist General Surgeons within regional networks, in sustaining maternity, trauma, emergency, and critical care services in rural Canada. This consensus statement from the Canadian Association of General Surgeons, Society of Obstetricians and Gynecologists of Canada, College of Family Physicians of Canada, and the Society of Rural Physicians of Canada, identified surgical care as the cornerstone of the rural health care infrastructure.

The U of S, in collaboration with the Rural Physician Action Plan (RPAP), the Rural Coordination

Continued over...

Enhanced Surgical Skills

Continued from page six.

Centre of British Columbia (RCCBC), and the Society of Rural Physicians of Canada (SRPC), is convening an Invitational Meeting to assess and make recommendations regarding the professional and practice successes and challenges of the first 15 graduates in Prince Albert, 29-30 September 2017. In preparation, they have commissioned Dr. Jude Kornelsen and Dr Stuart Iglesias, supported

by the RPAP research team, to interview all of the graduates from the ESS program. These interviews will provide valuable information about the relevance and efficacy of their training, their experiences with privileging, their CPD needs, and their personal satisfaction with their career choice. The Invitational Meeting will bring together faculty from the program, leadership from the University, representative graduates, and specialty colleagues from General Surgery and OBGYN, in an effort to preserve what has shown to be working and to recalibrate where there have been challenges. ☺☺

Did you know?



About one-half of the RPAP team live and work in rural Alberta.



IS SEEKING PRECEPTORS IN RURAL LOCATIONS

What is the MCAP Online Plus for Rural Alberta program?

The aim of the Medical Communication Assessment Program (MCAP) is to advance the professional integration of immigrant IMGs into the Alberta Healthcare system through an online instructional component and a workplace component. The program provides participants with a foundation in patient-centred care and the communication and intercultural skills needed for successful integration.



Dr. Tamer El Mays. MCAP Participant
Obtained a residency position in family medicine
and is now in practice in Alberta

Preceptor Work Placement Details:

Dates: Between May 15th to July 31st

*Note: Days and times will vary as they are based on the availability of the preceptor and participant

Total Hours: 96-100

Preceptor Honorarium: \$2,000 per participant

For more information, contact:

Deidre Lake, Director

Phone: 403-701-3685

Email: info@communicate2integrate.ca



MCAP Online Plus has been made possible with funding from the Government of Alberta and is offered in collaboration with Rural Physician Action Plan (RPAP)

Meet “Medi-Man”

Future health care professionals experience a unique medical opportunity in Bassano

By Lucas Warren and Jonathan Koch

On 4-5 March 2017, post-secondary students studying several health care disciplines received a unique opportunity to work on one special patient: the “Medi-Man”.

The Medi-Man is a computerized human patient simulator—located at the high school in Bassano, Alberta—that enables students to check vitals, diagnose, and treat medical emergencies, while interacting with school staff and local health professionals.

In March 2017, more than 60 medical, nursing, respiratory and physiotherapy, and EMS students from Alberta universities and colleges undertook a number of scenarios on the simulator as part an RPAP Medical Skills weekend.

According to Connie Goudie, a teacher at Bassano School, the idea behind the Medi-Man project is to give students a taste of rural medicine, providing high school credit, and helping students to make informed career decisions.

“[The school administration] thought if they had this kind of facility that students could be exposed to [health care] at a younger age and really pique their interest in the medical field,” says Goudie. “Or [it could] help them to realize that maybe they didn’t want to go into medicine—this isn’t what [they] thought it was going to be.”



Students from the University of Calgary, University of Alberta, Mount Royal University, Medicine Hat College, and the Southern Alberta Institute of Technology participated in an RPAP Medical Skills event in Bassano, Alberta on 4-5 March 2017.

Not only does the Medi-Man provide a unique opportunity for Bassano students to experience health care first-hand, according to Goudie, the simulator is also used by local EMS, nurses, and doctors to “have access to little more training” in a rural environment.

In addition to receiving tours of local medical facilities and sites of interest, including the historic Bassano Dam and the Gentherm Global Power Technologies Manufacturing Plant, students were guests at a Saturday-evening community dinner, and a Sunday morning pancake breakfast. ☺☺

See the “Medi-Man” video at www.youtube.com/user/RPAPAlberta

About RPAP Medical Skills events

RPAP Medical Skills events provide rural Alberta communities with a valuable opportunity to make a positive impression on future healthcare professionals through showcasing local amenities and attractions.

Skills Days and Skills Weekend events, sponsored by Alberta Rural Physician Action Plan, are arranged by the RPAP Health Professionals’ Initiatives Coordinator and are scheduled throughout the year in rural Alberta communities.

Go to www.rap.ab.ca/skillswEEKENDS to learn more about RPAP Medical Skills weekends and events.

RPAP Physician Programs Review

RPAP is currently reviewing its Rural Physician Skills Enrichment and Continuing Medical Education programs. We are asking for feedback from any rural physicians who have participated in either of these RPAP opportunities. If you were a participant in Rural Skills Enrichment but did not receive an email a link to the regarding the program review and participant survey early the week of 5 June 2017, please contact Dean Lack, RPAP Transition Manager, at dean.lack@rap.ab.ca who would be pleased to send you the message and survey link.



Presents the

RPAP Awards



A healthy dose of recognition

Has a local doctor made a big difference in your rural community?

Has your rural community successfully used a new approach for attracting and retaining health care professionals?

The Alberta Rural Physician Action Plan (RPAP) invites rural Albertans—including physicians and health care professionals, individuals and community organizations—to submit nominations for the following prestigious awards:



This award recognizes a rural physician who presently lives and works in rural Alberta, and has done so for more than 12 years.

They have demonstrated superior commitment and contributions through medical practice, teaching, research and/or community service.



This award recognizes rural Alberta communities that have developed innovative and collaborative approaches and solutions, resulting in successful physician and health care professional attraction and retention in their area.

Co-sponsored by the Alberta Weekly Newspapers Association



Submit your nomination by August 31, 2017.

To read more information and to download nomination forms visit:

www.rpap.ab.ca/awards

Rural physicians in training can now apply for the Dr. Lynne M. McKenzie Memorial Scholarship

RPAP is pleased to announce the launch of the Dr. Lynne M. McKenzie Memorial Scholarship, in memory of Dr. Lynne Maureen McKenzie, who dedicated her life and career to medicine and the special place in her heart that she carried for rural Alberta medicine.

The scholarship of \$1500.00 is open to any medical student currently enrolled in an Albertan medical school who wish to pursue a career as a rural Alberta physician.

RPAP is currently accepting applications for this award.

If you are interested, please contact RPAP at info@rpap.ab.ca to receive your application package. Deadline for applications is August 31 of each calendar year.



**Dr. Lynne M.
McKenzie**

Remembering Dr. Lynne M. McKenzie

Dr. Lynne Maureen McKenzie left us too soon, at the age of 67, on March 14th, 2017, while out of the country on vacation. Lynne's journey on this earth began on October 17th, 1949, in Edmonton, Alberta.

From the start, she was the curious, loving soul all those around her admired and adored. Lynne moved to Fleet, Alberta when she was very young. Lynne spent her free-range childhood roaming widely and learning constantly.

After graduating from Gus Wetter high school as valedictorian in 1966, she attended the Northern Institute of Technology (NAIT) and graduated as a Medical Lab Technician with honors in 1968. Lynne worked for two years as a Lab Tech than began the trajectory that lead her to receiving her BSc and MD at the University of Calgary. Lynne was one of very few women who graduated from the Faculty of Medicine in 1978. Lynne did her two-year residency at the Holy Cross Hospital in Calgary. In 1980, she opened her own medical practice in Calgary with privileges at both the Rockyview General Hospital and the Holy Cross Hospital. Lynne delivered hundreds of babies while in Calgary, she also assisted an orthopedic surgeon who was pioneering arthroscopic surgeries.

In 1995, Lynne moved to Hanna and then in July 1996 she moved to Drumheller to further her practice of family medicine. April of 1999, Lynne settled in Coronation to serve the community as a medical doctor. Living close to her childhood home in Fleet, allowed her to spend time with and care for her mother, Ada.



Dr. Lynne McKenzie graduating from the University of Calgary Faculty of Medicine, 1978.

Lynne was a consummate professional, who was passionate about her work in medicine. She will always be remembered as a physician who advocated for her patients and served them with warmth and compassion. She delivered the last baby born at the Coronation Hospital and Care Centre. Right up until her retirement in December 2016, she continued to make home visits to her patients in need.

Lynne still found time to embrace life with her enthusiasm for gardening, cooking, painting or colouring, reading, skiing, biking and appreciating nature. She loved 'putting by for the winter' seasonal vegetables and fruits, pickling numerous types of pickles and relishes and creating chutneys, jams, and jellies. One of her greatest joys was her animal companions with whom she shared her life and home. Lynne lived life as brightly as the waterfall of flowers in her garden. Lynne was a loving, generous person, fun talented lady and the world is a little less bright without her in it. - submitted by dawna elliott

Attracting and retaining health care professionals in Fort McMurray

By Lucas Warren



On 30 March 2017, in a meeting two years in the making, RPAP consultants met with Fort McMurray residents who are concerned about local healthcare, including a multi-stakeholder group interested in starting a healthcare professionals attraction and retention committee.

"Finding healthcare resources ... is a challenge for a community like ours," says meeting participant, Lori Apostol, who is also the Executive Director of the Wood Buffalo Primary Care Network (PCN). "Even though we're not a small town, we are very remote."

For those at the meeting, it was a good opportunity to talk about concerns and ideas on how to attract and retain healthcare professionals to the northern community.

"How do we make sure that people really benefit from everything we

have to offer in our community?" asks Apostol. "We want to make sure that families see the value of our community, see what we have to offer, and to make sure that they feel welcome and we help them to integrate into the community."

A native of Fort McMurray, Apostol had built a career working in health care outside of the Wood Buffalo region. But when the opportunity to lead the PCN became available, it was time to return home.

"We've had a very strong community here for decades," she says. "If you can integrate into our community, it's a really great place to live."

Lori Apostol is not alone in her love of Fort McMurray. Later that day, just down the hall from where the group met, a wide range of local healthcare professionals took part in the Fort McMurray Health Career

Expo, a hands-on career exploration event for high school students in grades 10 to 12.

One such participant who well knows what Fort McMurray has to offer is Randy Sloan, a pharmacist at the Wood Buffalo PCN. Sloan has spent most of his life in the Wood Buffalo region, working and raising his family in the community.

"[Fort McMurray is] like Goldilocks — it's not too small and not too big," says Sloan. "It's big enough to have services that smaller centres don't have, but it's not so big that it's anonymous. You know the physicians, you know each other, you know pharmacists in the city [and] it fosters that team feeling where everybody knows each other. I love it here." ☺☺



(Left) On 30-31 March 2017, RPAP consultants, Rebekah Seidel and Kim Fleming, and director Paul Childs met with Fort McMurray residents who are concerned about local healthcare, and who are interested in starting a healthcare professionals attraction and retention committee. (Right) Later the RPAP consultants took part in today's Fort McMurray Health Career Expo, a hands-on career exploration event for high school students in grades 10 to 12.





(Above) The RPAP Board of Directors and invited guests met on 25 April 2017 to discuss RPAP's new mandate and vision for the future.

Lethbridge physician recognized with Specialist of the Year Award

Congratulations to Dr. Ernest P. Janzen of Lethbridge, a recipient of the 2016 Specialist of the Year award from the Royal College of Physicians and Surgeons of Canada.

Dr. Janzen, who has enjoyed a 31-year career General Internal Medicine, with an emphasis in Cardiology and Critical Care, was recognized as the top specialist for British Columbia, Alberta, Yukon Territory and the Northwest Territories on March 10 at a ceremony in Lethbridge.

The Royal College's Specialist of the Year award recognizes specialists who have made significant contributions in providing outstanding care to their patients and the community in which they practice.

Dr. Janzen has practised in southern Alberta for the past 31 years. He graduated from the Faculty of Medicine at the University of Alberta (UAlberta) in 1979 and completed an internship and second year pre-licensure studies at the Royal Alexandra Hospital in Edmonton, followed by an Internal Medicine residency at UAlberta. - Photo and information courtesy of RCPSC



**Dr. Ernest
Janzen**



Lights. Camera. RPAP!

In April, the RPAP Communications team travelled to Sundre to shoot a new video explaining our new direction. Thanks again to all of our partners in the West Country who helped with this exciting project!



See the video at
www.rpap.ab.ca/blog

About Alberta Rural Health Quarterly

Alberta Rural Health Quarterly is published four times a year by the Alberta Rural Physician Action Plan, also known as "RPAP".

Quarterly is distributed by mail to rural health care and government stakeholders throughout the province of Alberta.

Issues of Quarterly are also free to download from the RPAP website, www.rpap.ab.ca/quarterly.

If you have any questions, comments or suggestions regarding Alberta Rural Health Quarterly, please email Jonathan Koch at communications@rpap.ab.ca.

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