## WELCOME TO

# Ponoka

## **RECREATION & ACTIVITIES**

- Aquaplex (including pickle ball and tennis courts)
- Ball diamonds and soccer fields
- Battle River Valley Trail System (10km+ of paved trails)
- Calnash Trucking Ag Event Centre
- Fort Ostell Museum
- Ice Skating Trail (Lions Centennial Park)
- Klaglahachie Fine Arts Society
- Ponoka Arena complex: skating, curling, racquetball, squash, badminton, floor hockey, volleyball, and basketball
- Ponoka Art Club and Potter's Guild

### **RESTAURANTS & GROCERY STORES**

- Boston Pizza
- Longhorn Saloon & Grill
- Makkinga Market
- Numerous fast food restaurants
- Pho House Ponoka
- Ponoka Health Foods
- Rancher's Castle Steak House
- Siding 14 Brewing Company

- The Crow
- The Hitchin' Post Bar and Grill
- The Pavilion
- The Peppered Elk (golf club; seasonal)

Ponoka Golf Course

(ski trails in the winter)

Ponoka Jubilee Library

Scouting and Girl Guides

Saddle Bronc and Rider

Various recreation associations

swimming, gymnastics, lacrosse, pickleball, and slow pitch

Royal Canadian Air Cadets No. 65

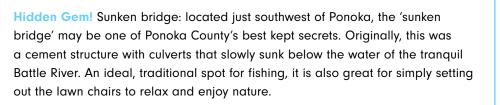
The Legacy - World's Largest Bucking

including: minor hockey, minor soccer,

Ponoka Splash Park

Ponoka Stampede

- Timber Coffee Co. Ponoka
- Yum Yum Kitchen



This information is provided courtesy of the Rural Health Professions Action Plan. For more information visit <u>rhpap.ca</u>.













Did You Know? Ponoka boasts 10 km of paved trails that wind along the east banks of the scenic Battle River. Ideal for walkers, joggers, cyclists, and in-line skaters, the paths wind along a variety of trees and through open spaces while sharing the river valley with water foul, songbirds and other wildlife. Even a resident beaver can be spotted!

#### PLACES OF WORSHIP

- Christ's Corridor Ponoka
- Church of the Open Bible
- First Baptist Church
- Grace Fellowship Church •
- Home Church
- Kingdom Hall of Jehovah's Witnesses
- Ponoka Community Church

#### **VOLUNTEER & SERVICE CLUBS**

- Ponoka Adult Learning Society
- Ponoka Citizens on Patrol •
- Ponoka Fish and Game Association
- Ponoka Kinette and Kinsmen Clubs

#### SCHOOLS & RESOURCES FOR PARENTS

- Family Resource Network •
- Little Critters Playschool
- Little Treasures Family Day •
- Mamawi Atosketan Native school
- Ponoka Big Brothers/Big Sisters
- Ponoka Christian school
- Ponoka Elementary school
- Ponoka Secondary Campus

#### **ADDITIONAL SERVICES & RESOURCES**

- Ponoka Jubilee Library
- Ponoka Potters' Guild
- Ponoka Community Market •
- Ponoka Farmers' Market
- Kladlahachie Fine Arts Society Theatre Shows

- Ponoka Seventh-Day Adventist Church
- Ponoka United Church
- Sonrise Christian Reformed Church
- St. Augustine Catholic Church
- St. Mary's Anglican Church
- Trinity Evangelical Lutheran Church
- Ponoka Lions Club
- Rotary Club of Ponoka
- Royal Canadian Legion Branch #66
- - Ponoka Youth Centre

  - Shining Stars Daycare & Out of School Care
  - St Augustine school
  - Stepping Stones Young Parent Support Group and Activities
  - The Brick Learning Centre

#### HEALTH CARE SERVICES

#### **Hospitals & Clinics**

- Battle River Health Clinic
- Centennial Centre for Mental Health and Brain Injury
- Ponoka and District **Health Foundation**
- Ponoka Hospital and Care Centre
- Ponoka Mental **Health Clinic**

#### **Public Health Facilities**

 Ponoka Community Health Centre

#### **Private/Blended Practice**

- Haley Lambert Registered Massage Therapist
- Ponoka Family Chiropractic
- Ponoka Physiotherapy and Acupuncture Clinic
- Vantage Physiotherapy Clinic

#### **Pharmacies**

- Hackett Drugs Ltd.
- Loblaw pharmacy
- Ponoka IDA Drugstore
- Ponoka Professional Pharmacy
- Rexall
- Shoppers Drug Mart



#### We are connected to the Wolf Creek **Primary Care** Network

We are part of the Alberta Health **David Thompson Health Advisory** Council

Hidden Gem! There are some extraordinary bakers in Ponoka! Just one example is Sarah's Specialty Cakes. Whether it be pre-orders for a holiday, cake for a special event, cookies, cupcakes, or cake pops, Sarah has you covered.

We respectfully acknowledge that we are on Treaty 6 territory, traditional lands of First Nations and Métis peoples. As treaty People, Indigenous and non-Indigenous, we share the responsibility for stewardship of this beautiful land.

- Ponoka-Rimbey Neighbourhood Place

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FCSS

Northcott Care Centre

Ponoka Mat Program

Ponoka Food Bank

**Rimoka Housing Facility** 

Ponoka Rising Sun Clubhouse