



WELCOME TO

# Swan Hills

Your local attraction and retention committee is:

**SWAN HILLS COMMUNITY HEALTH BOARD**

**COMMUNITY CONTACT: JEFF GOEBEL, CHAIR | 780-333-5557**

## RECREATION AND ACTIVITIES

- Campgrounds: Four Season Wilderness Campground (fully serviced), Chrystina (Windy) Lake, Freeman Lake, Trappers Lea's Recreation Area, Freeman River, Krause Lake
- Community park/splash park
- Curling rink
- Fishing, hunting, snowshoeing
- Keyano Centre/Community Club (Bingos held every second Wednesday)
- Lakes: Chrystina (Windy) Lake, Edith Lake, Freeman Lake, Krause Lake, Atlantic Richfield Dam, Jane Lake, Jesse Lake, Marigold Lake, Gilroy Lake, Swartz Lake, Tea Lake, Roche Lake, Tamarack Lake
- Motocross track
- Outdoor Rec Club (gun range/archery)
- Skateboard park
- Snow Goers – Snow Report
- Swan Hills Dirt Riders
- Swan Hills Golf and Country Club – Krause Lake (group camping)
- Swan Hills pool (indoor pool - 5 lane, hot tub, steam room, Tarzan rope, climbing wall, 1 M jumping board, life jackets, Tuesday & Friday nights feature specialty toys)
- The Gym – Swan Hills Fitness & Lifestyle
- Tom Parkinson Centennial Arena (indoor skating rink/hockey)
- Walking trails around town/Story Book Walk
- 50 Plus (games nights, coffee nights, drop-in)



photo by Brent Cmoc



photo by Lionel Abrial

## SCHOOLS & RESOURCES FOR PARENTS

- Girl Guides of Canada
- PAWS – Promoting Activity, Wellness & Success
- Swan Hills Public School (Pre-K - Grade 12)
- Swan Hills School Parent Council



**Hidden Gem!** Outdoor sports and trails for motorized vehicles are available all around the area! One popular event is an annual race hosted by the Swan Hills Dirt Rider at the local motocross track. But it's not open just one day a year - anyone can try it out for as low as \$15! (Info from Town of Swan Hills)



photo by James Spellman

This information is provided courtesy of the Rural Health Professions Action Plan.

For more information visit [RhPAP.ca](http://RhPAP.ca).





**Did You Know?** Swan Hills is Canada's first Centennial Town and is the closest town to the geographical centre of Alberta! It is also the highest settlement east of the Rockies.

## RESTAURANTS & GROCERY STORES

- Burger Baron
- Perks of Home
- Sammy's Steak & Pizza
- Subway
- Super A Foods
- Swan Hills Tavern
- Swan Palace Restaurant

## PLACES OF WORSHIP

- Baptist Church
- St. John's Catholic Church

## FINANCIAL INSTITUTIONS

- ATB Financial

## VOLUNTEER & SERVICE CLUBS

- Catholic Women's League
- Communities in Bloom
- Community Club
- Fitness & Lifestyle Association
- Food Bank/Santa's Elves
- Minor Hockey Association
- Oil Wives Club of Swan Hills
- 50+ Graying & Staying

## ADDITIONAL SERVICES & RESOURCES

- Barrhead/Swan Hills Victim Services
- Family & Community Support Services
- Grizzly Gazette
- Swan Hills Chamber of Commerce
- Swan Hills Municipal Library (Knitting Club, Creative Corner (kids), Story Hour, Lego Club Teen Night, Seniors Programming, eResources - [swanhillslibrary.ab.ca](http://swanhillslibrary.ab.ca))

## NEED TO FIND SOMETHING ELSE IN THE AREA?

- Town of Swan Hills  
[www.townofswanhills.com](http://www.townofswanhills.com)  
780-333-4477



**Hidden Gem!** The 350km Golden Triangle Trail connects the communities of Swan Hills, Fox Creek and Whitecourt. This Alberta sled trail consists of varied terrain with warm-up shelters located throughout the trail system.

## HEALTHCARE SERVICES

### Hospitals & Clinics

- Swan Hills Healthcare Centre: includes 24/7 Emergency
  - Addiction & Mental Health (Adult & Youth)
  - Ambulatory Services
  - Assertive Outreach Services
  - Breastfeeding Clinic
  - Early Childhood Intervention Program
  - General Medicine
  - Health Promotion Program
  - Home Care
  - Lab Services
  - Pharmacy Services
  - Social Workers
  - Well Baby Clinic

### Public Health Facilities

- Aspen Regional Health (located in Healthcare Centre)
- Mental Health & Addictions Services

### Private/Blended practice

- Crystal Proffit RMT
- Jack Pine Dental Hygiene (based in Slave Lake, provides services in Swan Hills)
- Kathleen Selk Reflexology
- Laura-Jean's Massage Therapy
- Radiance Ink (cosmetic tattooing)
- Serenity Massage & Esthetics

### Pharmacies

- Rexall



We are supported by **Emergency Medical Services**



We are connected to the **Aspen Primary Care Network**

The land on which the community of Swan Hills and area is situated on are the traditional territories of the Indigenous peoples of the Treaty 8 region and the Metis Settlement and Metis Nation of Alberta, Region 4. The histories, languages, and cultures of First Nations, Metis, Inuit and all First Peoples of Canada continue to enrich the community of Swan Hills and area and the province of Alberta.