



Photo credit: Town of Lamont

# WELCOME TO

# Lamont

## RECREATION AND ACTIVITIES

- Elk Island Golf Course
- Elk Island National Park
- Fishing Pond
- Hillside Park – ball diamonds, group BBQ area, walking trails, outdoor exercise equipment, playground, spray deck, bike pump track
- Lamont Arena
- Lamont Ball Diamonds
- Lamont Campground
- Lamont Curling Club
- Lamont Public Library
- Sports – public skating, hockey, baseball, figure skating
- Summer Fest
- Summer Sizzler Rodeo
- Tawâw Park



Photo credit: Town of Lamont

## RESTAURANTS & GROCERY STORES

- 7 Days Café
- Burger Baron
- Elk Island Golf Course
- Gondola's Steak & Pizza
- Lamont Foods
- Lamont Grocery
- New Frontier Bar
- Parkview Restaurant & Lounge
- Ruby's Chinese & Western Restaurant
- Yaychi's



Photo credit: Town of Lamont

## PLACES OF WORSHIP

- Lamont Alliance Church
- Lamont United Church
- Roman Catholic Church
- St. John The Baptist Ukrainian Church



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**Hidden Gem! Mohla Monument:** Situated at the intersection of Secondary Highways 831 and 637, north of the town, the Mohyla is devoted to the Ukrainian people and was built to commemorate the 100 years of Ukrainian immigration to Canada between 1891 and 1991. "Who, like seeds cast into the wind, settle and take root on this land in order for future generations to flourish."



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This information is provided courtesy of the Rural Health Professions Action Plan.

For more information visit [RhPAP.ca](http://RhPAP.ca).





**DID YOU KNOW?** Lamont Health Care Centre is the only hospital in Canada operated by a Board under affiliation with The United Church of Canada. Dating back to the first pioneer doctor in 1901 who served a far-flung population of immigrants and settlers, Lamont has been a leader in progressive medical care. Lamont Public Hospital School was established in 1912 and operated for 60 years until its closure in 1972 having nearly 600 nurses graduate over the course of its operation.

## VOLUNTEER & SERVICE CLUBS

- County of Lamont Food Bank
- Lamont & District Agricultural Society
- Lamont County Housing Foundation
- Lamont Senior Citizens

## SCHOOLS & RESOURCES FOR PARENTS

- Family & Community Support Services (FCSS)
- Lamont Community Playschool
- Lamont Elementary
- Lamont High

## FINANCIAL INSTITUTIONS

- Agricultural Financial Services Corporation (AFSC)
- ATB Financial
- Scotiabank
- Servus Credit Union



**Hidden Gem! Church Capital of North America:** Lamont County, which boasts over 40 historic churches and deep Ukrainian heritage, is recognized as the birthplace of Ukrainian settlement in Canada. Spend a day or a weekend seeing the County's stunning landscapes and engrossing yourself in its rich past as you go from historical site to historical site on a self-driven tour. The Ukrainian Cultural Heritage Village is one of the County's top attractions, and great for families.

## HEALTHCARE SERVICES

### Medical Services

- Lamont Health Care Centre
- Lamont Medical Clinic

### Private/Blended practice

- Advanced Therapeutic Massage
- Lamont Dental Clinic
- Perks Dental

### Pharmacies

- Lamont County Pharmacy
- Lamont Value Drug Mart



We are supported by **Emergency Medical Services**



We are connected to the **Sherwood Park Strathcona County Primary Care Network**

We acknowledge that the Town of Lamont is located on Treaty Six Territory and the homeland of the Métis Nation of Alberta. The Town of Lamont honours the First Peoples of this land. We recognize that we stand upon land that carries the footsteps of Cree, Metis, and Blackfoot amongst many other Nations, who have been here for thousands of years. Therefore, the Town of Lamont has an inherent responsibility to foster healthier relationships with First Peoples and further the Calls to Action outlined by the Truth and Reconciliation Commission.