

# SYLVAN LAKE

## WELCOME TO

Photo credit: Town of Sylvan Lake

# Sylvan Lake

Your local attraction and retention committee is:

**REGIONAL HEALTHCARE ATTRACTION & RETENTION TEAM (HART)**

**CONTACT: CHAIR | ONSY TAWADROUS OTAWADROUS@HOTMAIL.COM**

### FOR MORE INFORMATION

- Official Tourism Website for Sylvan Lake – [visitsylvanlake.ca](https://visitsylvanlake.ca)
- Sylvan Lake Chamber of Commerce – [sylvanlakechamber.com](https://sylvanlakechamber.com)
- Community Resources Directory – [sylvanlake.ca](https://sylvanlake.ca)

### RECREATION & ACTIVITIES

[visitsylvanlake.ca](https://visitsylvanlake.ca) for all events

- Burns Nature Park [naturecentral.org](https://naturecentral.org)
- Girl Guides & Scouts Canada
- Go Karts & Mini Golf
- Gulls Stadium
- Jarvis Bay Provincial Park [albertaparks.ca](https://albertaparks.ca)
- Lakeshore Drive and Centennial Park
- Meadowlands Golf Club
- NexSource Centre
- Pogadl Park
- Skate and BMX Park
- Sylvan Lake Aqua Splash
- Sylvan Lake and Beach plus several parks & playgrounds [sylvanlake.ca/parksmap](https://sylvanlake.ca/parksmap)

- Sport opportunities including: outdoor soccer, baseball, hockey, volleyball, basketball, football, figure skating, hip-hop, disc golf, dance, curling, gymnastics, golf and more: [www.sylvanlake.ca/en/explore-sylvan/community-program-guide.aspx](https://www.sylvanlake.ca/en/explore-sylvan/community-program-guide.aspx)
- Sylvan Lake Golf & Country Club
- Sylvan Lake Lighthouse
- Sylvan Lake Quilters Guild
- Sylvan Lake Sailing Club
- Sylvan Lake Seniors Association
- The Launch at Sylvan Lake
- Walking Trails – over 26 kms of trails connecting beautiful parks

### FINANCIAL INSTITUTIONS

- ATB Financial
- CIBC
- RBC Royal Bank
- Scotiabank
- Servus Credit Union
- TD Branch



**Hidden Gem! Theatre Trail** – Voted as Sylvan Lake’s “best summer event” in 2023 and 2024, “immersive theatre experience takes place downtown where storytellers lead the audience on the ‘trail’ to each surprise theatre location, sharing stories along the way. The comedies and dramas have been created specifically for each theatre site on the trail”. It is hosted annually in September and audiences are encouraged to buy tickets early, as it sells out quickly!



Photo credit: Town of Sylvan Lake



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This information is provided courtesy of the Rural Health Professions Action Plan.  
For more information visit [RhPAP.ca](https://RhPAP.ca).



**Did You Know?** Sylvan Lake receives an average of 760,000 visitors to the community, each summer.

## RESTAURANTS & CAFES

Also includes several chain restaurants

- Bamboo Hut Southeast Asian Cuisine
- Bukwildz
- Bukz
- Chief's Pub & Eatery
- China Diner
- Fireside
- Hazzard County Bar & Grill
- King Donair
- Lago Pizza & Pasta
- Lake House Kitchen & Bar
- Lakeshore Cafe
- Lighthouse Community Eatery
- Lodge 43
- Lokal Kitchen
- Mukbang
- On The Lake
- Party Chef Market & Kitchen
- Roundabout Eatery
- Rusty Kage Smokehouse & Grill
- Spill the Beans
- Sun of a Beach
- Sushi Hon
- Sweet Home on the Lake
- Sylvan Lake Golf & Country Club
- Tacoz N Treatz
- The Driftwood
- Timber Coffee
- White Frog Café

## PLACES OF WORSHIP

- Alliance Community Church
- Emerge Church
- Faith Lutheran Church
- Frontline Worship Centre
- Lighthouse Fellowship Church of the Nazarene
- Our Lady of the Assumption Catholic Church
- Saint George Orthodox Church
- Sylvan Lake Memorial Presbyterian Church
- Sylvan Lake Seventh Day Adventist

## VOLUNTEER & SERVICE CLUBS

- B.E.S.T. Youth Justice Committee Chamber of Commerce
- Community Partners Association
- Flipside Youth Centre
- Sylvan Lake & District Lions Club
- Rotary Club of Sylvan Lake
- Royal Canadian Legion Branch 212
- Wellness & Community Connections Volunteer Centre (Town of Sylvan Lake)

## SCHOOLS & RESOURCES FOR PARENTS

- Beacon Hill: K–Grade 6
- C.P. Blakely: K–Grade 6
- Family Resource Network: Town of Sylvan Lake
- Fox Run: Grade 7–8
- H.J. Cody: Grade 9–12
- Lighthouse Christian Academy: Grade 1–12
- Mother Teresa: Grade 5–9
- Our Lady of Rosary: Pre K–Grade 4
- Steffie Woima: Pre-K–Grade 6
- Sylvan Lake Career High School: Grade 10–12
- Sylvan Meadows Adventist: K–Grade 9



**Hidden Gem! Flannel & Feast Festival** – There's never a shortage of things to do in town. One of the most popular (and hilarious) events is the Flannel & Feast Festival, where participants can show off their bushiest mustache, most thematic plaid, or lumber jack skills. This free event is part of Alberta Culture Days and celebrates the "laidback lifestyle of cabin culture at the lake". It's sure to get you ready for autumn! [visitsylvanlake.ca/flannelandfeast](https://visitsylvanlake.ca/flannelandfeast)

## HEALTHCARE SERVICES

- Advanced Ambulatory Care Centre
- Red Deer Regional Hospital

### Medical Services

- Sylvan Medical Centre
- Sylvan Family Health Centre
- Dr. Fugler

### Private/Blended Practice

- Amie's A Plus Spa
- Astra Bodyworks & Massage
- Complete Function Osteopathic Manual Therapy
- Dr. Bierkos
- Full Circle Vitality
- Hope Wellness Clinic
- Life Chiropractic
- Massage Hutt
- Phox Recovery
- Re+Active Physiotherapy
- Snap Fitness
- Sylvan Lake Chiropractic
- Sylvan Lake Physiotherapy & Sports Injury Clinic
- Sylvan Lake Medi Spa
- Sylvan Steam and Spa
- Sylvia's Massage Therapy
- Tides Center for Counselling and Health
- Webber Physio & Massage
- Several individual home practices

### Pharmacies

- Cloverdale's No Frills
- Medicine Shoppe
- Pharmasave
- Shoppers Drug Mart
- Sylvan Lake IDA
- Sylvan Lake Pharmacy
- Walmart

### Dentists

- Aurora Dental Group
- Lakeview Denture and Implant Centre
- Sylvan Lake Dental Care
- Sylvan Lake Denture Clinic
- Sylvan Smiles

### Optometry

- Doctors EyeCare
- Eyes and Ears Optical and Hearing Co.



We are supported by **Emergency Medical Services**



We are connected to the **Wolf Creek PCN - Sylvan Medical Centre & Sylvan Family Health Centre**

The Town of Sylvan Lake respectfully acknowledges that the land on which we gather is Treaty 6 territory, home to the Métis Nation of Alberta, Region 3. These lands are traditional meeting grounds, gathering places, and travel routes for many Nations, including the Cree, Dene, Blackfoot, Métis, Saulteaux, and Nakota Sioux. We are grateful for the Traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We acknowledge and thank all the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.