

GETTING PRACTICAL FOR  
A BETTER PRACTICE

## PRACTICAL EVIDENCE FOR INFORMED PRACTICE CONFERENCE



Join us for the 6th annual Practical Evidence for Informed Practice (PEIP) conference on October 20-21, 2017 in Edmonton, Alberta. With two ways to participate (in-person or via live webcast), the conference is a fully accessible, multidisciplinary event that showcases relevant, evidence-based, and thought-provoking topics in health care.

PEIP highlights focused reviews on topical issues that combine evidence, experience, and patient values. The conference is applicable to a variety of disciplines including physicians, pharmacists, nurses, nurse practitioners, and other allied health care providers.



OCTOBER 20-21, 2017 | EDMONTON, AB



### DOUBLETREE BY HILTON WEST EDMONTON

Feel welcomed with a freshly baked chocolate chip cookie on check in. Spend your downtime exploring the city from this centrally located property. Just minutes from West Edmonton Mall and downtown Edmonton's new Ice District and Rogers Place, there's always opportunity for adventure.

#### ACCOMMODATIONS

Reserve a room before October 10 and registrants of the PEIP conference will receive the conference rate of \$161/night for a standard one-king or two-queen guest room. One-bedroom king suites are also available at a rate of \$189/night. Room rates include WiFi and parking.

When booking your accommodations, please reference "PEV" or book now via <http://bit.ly/peiphotel>

#### DOUBLETREE BY HILTON WEST EDMONTON

16615 109 Avenue  
Edmonton, AB  
780-484-0821  
[doubletree3.hilton.com](http://doubletree3.hilton.com)

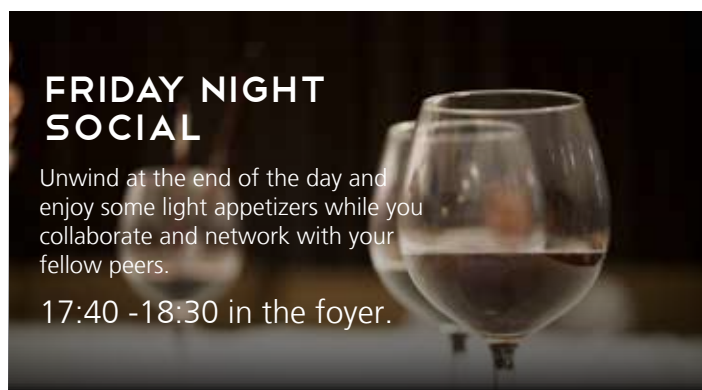


ALBERTA COLLEGE of  
FAMILY PHYSICIANS



# SCHEDULE AT A GLANCE

FRIDAY, OCTOBER 21		
TIME	SESSION	PRESENTER(S)
12:00	Registration + Refreshments	
13:00	Welcome + Introductions	Mike Kolber
13:30	What's New, What's True, What's Poo	Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad
13:50	Who Gives a "CHEP" About Targets? A Hypertension Update	Raj Padwal
14:10	Diabetic Sugar Meds: The Unsweetened Evidence for Outcomes That Matter Most	James McCormack
14:30	Questions + Answers	
14:55	Refreshment Break	
15:15	Head's Up: What's the Latest on Concussion?	Dhiren Naidu
15:35	Don't Let the Evidence on Depression Getcha Down	Adrienne Lindblad
15:55	Questions + Answers	
16:20	Is it High-Time for Medical Cannabis: Doobie-ous Evidence or Smokin' Results?	Mike Allan
16:40	Opioids: The Cause of (and Solution to) all Things Pain	Jessica Kirkwood Tina Korownyk
17:10	Questions + Answers	
17:40	Friday Night Social	



## FRIDAY NIGHT SOCIAL

Unwind at the end of the day and enjoy some light appetizers while you collaborate and network with your fellow peers.

17:40 -18:30 in the foyer.

SATURDAY, OCTOBER 22		
TIME	SESSION	PRESENTER(S)
07:15	Breakfast	
08:00	Introductions	Mike Kolber
08:20	What's New, What's True, What's Poo	Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad
08:40	"About Face": Marching to the Changing Tune of Medical Evidence	Vinay Prasad
09:00	Interpreting Lab Tests: The Magic of "Normal" Ranges and Repeat Testing	James McCormack
09:30	Questions + Answers	
09:55	Refreshment Break	
10:15	Prevent, Treat, Repeat: Getting Ahead of Migraines	Jennifer Bestard
10:35	Do You See What I See (or Don't)? Office-based Ophthalmology for the Primary Care Provider	Steve Roberts
10:55	Questions + Answers	
11:20	Gas, Pain, No Bowel Control: "Irritable" is Not the Word for This BS	Mike Kolber
11:40	Trials and Tribulations: 2017 Update on the Pragmatic Trials Collaborative	Scott Garrison
11:50	Questions + Answers	
12:05	Lunch	
13:05	Thyroid Nodules, Ultrasounds, Sailboats: Which One Does Not Belong?	Jennifer Young
13:25	Understanding the Effects and Marketing of Cancer Drugs: A Glance Behind the FDA Curtain	Vinay Prasad
13:45	Questions + Answers	
14:10	Refreshment Break	
14:30	Bite-sized Pearls From a Doctor With Little Patients: Pediatric Update 2017	Sam Wong
14:50	Social Determinants of Health: How a Warm Meal and Dry Home Beat 90% of Medications	Tony Nickonchuk
15:20	Questions + Answers	
15:50	Wrap Up	

## CONFERENCE PLANNING COMMITTEE

**Michael R. Kolber, MD CCFP MSc**

Conference Chair  
Family Physician, Peace River

**G. Michael Allan, MD CCFP**

Family Physician, Edmonton

**Carmen Gingles, MD CCFP**

Family Physician, Edmonton

**Christina Korownyk, MD CCFP**

Family Physician, Edmonton

**Adrienne J Lindblad, BSP PharmD ACPR**

Pharmacist, Red Deer

**Tony Nickonchuk, BSc Pharm**

Clinical Pharmacist, Peace River

# REGISTRATION INFORMATION

CONFERENCE REGISTRANT FEES			
	Early Bird Rates (Until Sept. 7)	Standard Rate (Sept 8 to Oct. 5)	Late Fee (Oct. 6 to 13)
ACFP/CFPC Member Physician	\$425	\$475	\$525
Non-member Mainpro Physician	\$495	\$545	\$595
Family Medicine Resident	\$275		
Medical Student	\$195		
Allied Health Care Professional (AHC)	\$425	\$475	\$525

## BACK BY POPULAR DEMAND: LIVE WEBCAST!

WEBCAST REGISTRANT FEES			
	Early Bird Rates (Until Sept. 7)	Standard Rate (Sept. 8 to Oct. 5)	Late Fee (Oct. 6 to 13)
ACFP/CFPC Member Physician and/or AHC	\$275	\$325	\$375
Non-member Mainpro Physician	\$350	\$400	\$450
Resident and/or student	\$195		
Clinic (3+ individuals)	\$750	\$800	\$850

REGISTER NOW! <https://www.regonline.ca/peip2017>

## IMPORTANT REGISTRATION INFORMATION

- Pricing (as listed) does not include GST.
- PEIP registrations are only available online. On-site registrations will not be considered.
- The deadline for registration is October 13, 2017.
- In the event of a sell-out, a registration waitlist is available for those interested in attending PEIP. Individuals may also register for the live webcast without losing their place on the waitlist and, if a conference seat becomes available, the webcast registration fee will be applied to the full conference fee.
- Pre-conference workshops are available in person only and are not part of the webcast registration option. Space is limited and on-site registrations are not available. Workshop costs are added to the PEIP conference registration fees.

## CANCELLATION/REFUND POLICY

- Cancellations must be received in writing on or before October 5, 2017 and will be subject to a \$50 processing fee.
- Refunds after October 5, 2017 will not be considered.
- The Alberta College of Family Physicians reserves the right to cancel or postpone a program due to insufficient registration or circumstances beyond its control.

## PRE-CONFERENCE WORKSHOPS

Please note that these sessions are held prior to the conference and are not included in the general registration fee. These workshops include small group and individual-led work, and a homework component will be sent prior to the workshop.

**Spaces are limited.** Workshops run concurrently on Friday morning; participants must choose one workshop.

### FRIDAY, OCTOBER 21: 8:00 – 11:30

#### PRACTISING WISELY: REDUCING UNNECESSARY TESTING AND TREATMENT

*Jennifer Young, Anthony Train*

*Practising Wisely* is a suite of new continuing professional development opportunities for primary care providers. Participants will identify opportunities to “practise wisely,” with a focus on reducing over-prescribing, over-imaging, over-screening, and over-monitoring using the latest evidence and tools from diverse sources. This workshop aligns closely with the Choosing Wisely Canada (CWC) campaign to implement good health care stewardship and avoid over-medicalization.

## PRIMARY CARE TRANSFORMATION: HOW TO TACKLE STICKY PROBLEMS WE WERE NEVER TAUGHT TO ADDRESS

*Brad Bahler, Nadine Letwin*

In health care, we all eventually come face to face with problems outside our specific locus of control. These “system” problems in health care pose significant challenges to patients and primary care providers alike. This workshop will explore the *Systems Transformation* element of the LEADS Framework in health leadership. We will examine what is meant by systems transformation, expose participants to challenges that are rooted in our traditional mindset, and consider new approaches to problems we were never taught to solve.

PRE-CONFERENCE WORKSHOP FEES	
Practising Wisely (30 spaces available)	\$325
Primary Care Transformation (30 spaces available)	

## CONFERENCE PRESENTERS

### G. Michael Allan, MD CCFP

Professor & Director of Evidence-Based Medicine  
Department of Family Medicine, University of Alberta

Director, Evidence & Continuing Professional Development Program  
Alberta College of Family Physicians

### Jennifer Bestard, MD FRCPC

Neurologist  
Red Deer, Alberta

### Scott Garrison, MD PhD CCFP

Associate Professor, Department of Family Medicine  
University of Alberta

Director, Pragmatic Trials Collaborative

### Jessica Kirkwood, MD CCFP

Family Physician, Boyle McCauley Health Clinic  
Edmonton, Alberta

### Michael R. Kolber, MD CCFP MSc

Associate Professor, Department of Family Medicine  
University of Alberta

### Christina Korownyk, MD CCFP

Associate Professor, Department of Family Medicine  
University of Alberta

### Adrienne J Lindblad, BSP PharmD ACPR

Knowledge Translation & Evidence Coordinator  
Alberta College of Family Physicians

Associate Clinical Professor  
Department of Family Medicine, University of Alberta

### James McCormack, BSc Pharm PharmD

Professor, Faculty of Pharmaceutical Sciences  
University of British Columbia

### Dhiren J. Naidu, MD FRCPC Dip. Sport Med.

Associate Professor, Division of Physical Medicine and Rehabilitation  
University of Alberta

Team Physician, Edmonton Oilers and Edmonton Eskimos

### Tony Nickonchuk, BSc Pharm

Clinical Pharmacist, Alberta Health Services  
Peace River, Alberta

### Raj Padwal, MD

Professor Division of General Internal Medicine  
University of Alberta

Director, University of Alberta Hypertension Clinic

### Vinay Prasad, MD MPH

Associate Professor of Medicine, Division of Hematology Oncology  
Knight Cancer Institute, Portland, Oregon

Department of Public Health and Preventative Medicine

Senior Scholar, Center for Health Care Ethics  
Oregon Health & Science University

### Steve Roberts, MDCM FRCSC D.ABO

Ophthalmologist  
Grand Prairie, Alberta

### Sam Wong, MD FRCPC

Clinical Professor, Department of Pediatrics  
University of Alberta

Stollery Children's Hospital, Edmonton, Alberta

Stanton Hospital, Yellowknife, Northwest Territories

### Jennifer Young, MD CCFP-EM

Chief of Family Practice, Collingwood General & Marine Hospital  
Collingwood, Ontario

President Elect, Ontario College of Family Physicians



### FOR FURTHER INFORMATION

Alberta College of Family Physicians

#370, 10403 – 172 Street | Edmonton, Alberta | T5S 1K9

Conference Secretariat: Sharon Nickel

780-248-2057 | 780-488-2395 | sharon.nickel@acfp.ca



OCTOBER 20-21, 2017 | EDMONTON, AB